



# Indigenous Wisdom

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## The Truth:

ALL THAT IS – IS ALIVE  
ALL THAT IS ALIVE – HAS SPIRIT  
EVERYTHING IS CONNECTED TO EVERYTHING ELSE



## The Vow:

I strive to live in impeccability, to walk my talk, to keep my promises.

I strive to live in Harmony with myself and with others.

I strive to be in right relations, with Gaia and all that is.

I recognize and realize the sacredness in all.

I strive to be a clear vessel without shame or blame.

I realize that when I take I give and when I give I receive.

I love myself as a divine being.

