



Indigenous Wisdom

The Truth

All that is – is alive

All that is Alive – has Spirit

Everything is connected to Everything else



The teachings in Amelía's book prepare you to...

Live in Impeccability - walk your talk, keep your promises.

Live in Harmony - with yourself and with others.

Be in Right Relations - with Gaia and all that is.

Recognize and Realize the Sacredness in All.

Be a Clear Vessel without shame or blame.

When you take you give and when you give you receive.